Update: 2008

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running§

Adidas

Adistar Control

Asics Gel Brooks

MC Plus* Foundation Kayano Evolution GT2120 Beast*/Ariel* Addiction 7 Adrenaline Vapor

Mizuno New Balance

Wave Renegade 817* 587 767

Saucony

Grid Stabil MC 5* Grid Resolve

Walking[§]

Aetrex

X800 and X900 Series

Brooks Dunham Addiction Walker (Leather) Synergy

Dunham New Balance 5953 910 8000 9100

New Balan Rockport 926 844 Pro Walker DMX Grid Motion

Saucony SAS

Time Out(m) Free Time(w)

Trail Running/Light Hiking

Brooks

Addiction ASR3

Keen Merrill Wasatch Crest Chameleon Thermo

Montrail

Hardrock* Hurricane Ridge Comp XCR

New Balance

907

Cross Trainers / Aerobics

New Balance

Asics

Gel-Alta (volleyball, xtrain) 780 802 1001 1008

New Balanc

Edge 9000 (tennis)* Air Max Trainer

Basketball

Adidas New Balance KG-Bounce T-Mac6

888 8025

Nike Air

Huarache Air Air Force Stat Air Max Elite

Dress Shoes: Heels, Flats, Casual

Ask your doctor how to select appropriate shoes for your needs. Evaluate shoes carefully before purchasing.

Aravon Ariat Beautifeel Blend Dansko Finn Comfort
Hush Puppies Kumfs Munro Naot Nickels Neil M
Paul Thomas Redwing Rieker Rockport Salamander Sanita
Selby Sudini Taryn Rose Theresia Think

Sandals

ProLab manufactures custom orthotics for BITE* sandals. Ask your doctor for details.

Sandal brands that can accept custom orthoses include:

Ariat Birkenstock Bite Dansko Finn Comfort Naot Solvee Theresia

Clogs and Slippers

Nontraditional slippers for support and comfort.

Crocs Daniel Green Clogs Finn Comfort Orb Geisswan Clogs Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs

Insoles

For use under orthotic after removing the insole.

Dr. Scholl's: Air Pillow Insole

Spenco: Flat Insole

Extra-Depth Shoes§

Aetrex Apex Drew Orthofeet P.W. Minor Soft Spot

§ Best shoe types for use with ProLab AFOs
*Maximum motion control



Wearing proper shoes is an important part of keeping your feet healthy.

Always remove the shoe insole before inserting orthotics.

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